

News Release / Pour publication immédiate

For Immediate Release
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ESC LHIN investment in March of Dimes programs helps seniors live independently

CHATHAM – The Erie St. Clair LHIN has invested \$500,000 with the March of Dimes Canada to create a new Chatham-Kent Mobile Wellness Program which will help approximately 25 seniors stay in their homes. Additionally, the investment will add three new units to the Supportive Housing Program.

The team at the Mobile Wellness Program provides 24/7 support that enables seniors, and other people with high risk health needs, to live safely at home. Each resident receives an individualized care plan that tailors health services to match their specific needs. Clients receive a host of services including:

- Activities of daily living
- Medication administration
- Blood sugar and blood pressure monitoring
- Falls prevention
- Emergency response for slips, trips, and falls
- Overnight attendant service
- Chronic disease management



As part of their health promotion strategy, the team also provides morning/medication check-ins either by phone or in person. This ensures that things are going well for each client and that there are no barriers to living at home.

The Mobile Wellness and Supportive Housing Programs are able to address timely health concerns for their clients at home. This means fewer trips to the emergency department, a higher quality of life, and the empowerment gained by independent living.

For more information about the Mobile Wellness and Supportive Housing Programs, contact the March of Dimes Canada at 519-351-8464.

QUOTES

“The Erie St. Clair LHIN investment with the March of Dimes is great news for local health care. The new Mobile Wellness Program helps provide Chatham-Kent seniors with timely access to the care and services they need.”
– Martin Girash, Chair, ESC LHIN

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"The Erie St. Clair LHIN has invested in the Mobile Wellness Program because it is one of the important tools needed to help people live independently in their own home. By helping people live at home they stay connected to the community, are more comfortable, and are able to better enjoy life." – Gary Switzer, CEO, ESC LHIN

"MarchofDimesCanada is excited to provide the Mobile Wellness program to the citizens in Chatham. Through this funding opportunity, we will be able to assist persons to remain in their own homes and together with other community partners we will help those receiving services to live the philosophy of no one should have to call the hospital home." – April Nelmes, Regional Independent Living Manager, March of Dimes Canada

"The program has been great, it is a great security that if I have a problem someone can be here to help in no time. Staff go over and above to help with my needs." – John Worthy, Resident, March of Dimes

Additional Information

Mobile Wellness and enhanced Supportive Housing Programs in Chatham-Kent provide a comprehensive service package that include:

- Daytime activation/support service
- Overnight attendant services, to include help with activities of daily living, medication administration and prompts, blood sugar and blood pressure monitoring, emergency response for slips, trips and falls, hydration, incontinence issues, morning/medication check-ins (either by phone or in person, and more)
- The program team is available by telephone or pager system to respond in a timely manner to assist the individual or to contact emergency services as required
- The program team also has a strong focus on information sharing, chronic disease management, falls prevention and social networking as part of a health promotion strategy
- People using services through the Supportive Housing Program would have services provided as per their individualized service plan and on an emergency basis

LEARN MORE

For more information please contact Shannon Sasseville, Director, Communication Public Affairs, Erie St. Clair LHIN, at 1-866-231-5446 ext. 3225 or at Shannon.Sasseville@lhins.on.ca.



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